Grateful Plate Denver



Aspen Academy September 2019

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
				1	6	7
	LABOR DAY!	Pepperoni Dippers & Chicken Tenders	Beef Sliders & Chicken Alfredo Pasta	Sloppy Fries & Beef Burrito Bar	Pizza Day!	
		GF Chicken Tenders	GF Bun	GF: Sloppy Fries	GF Pizza	
8	9	10	11	12	13	14
	Chicken Tenders Teriyaki Meatballs with Rice	Grilled Cheese w/ Tomato soup & Breakfast Bar	Spinach and Ricotta Pasta Bake & BBQ Chicken Legs	Hot Dogs & Cheese Enchilada Bake	Pizza Day!	
	GF: Teriyaki Meatballs	GF: Breakfast Bar	GF: BBQ Chicken Legs	GF: Enchilada Bake or GF Bun	GF Pizza	
15	16	17	18	19	20	21
	Pancakes and Bacon & Chicken Tenders	Cheese Dippers & Chicken Tikki Masala	BBQ Chicken Sandwich & Baked Potato Bar	Chicken Sliders & Nacho Bar!	Pizza Day!	
	GF Tenders	GF: Tikki Masala or GF Tenders	GF: Baked Potato Bar	GF Nacho Bar	GF Pizza	
22	23	24	25	26	27	28
	French Toast Stix and Sausage Pepperoni Dippers GF Tenders	Ham and Cheese Sliders & Mash Bowl w/ Chicken Mash Bowl w/ GF	Sloppy Joes & Greek Chicken Bowl GF Greek Chicken Bowl/GF Bun	Mac and Cheese & Taco Bar! GF: Taco Bar	No Lunch Served	
29	30	tenders Oct 1	Oct 2	Oct 3	Oct 4	
	Waffles and Sausage & Chicken Tenders	Cheese Dippers & Beef and Broccoli GF: Beef and	Hot Dogs & Baked Potato Bar	Chicken Korma & Beef Sliders	Pizza Day!	
	GF Waffles and sausage	Broccoli	GF Bun/Potato Bar	GF: Korma/GF Bun	GF Pizza	

Gluten Free Options available every day

Entrée Prices: Small \$5.00, Large \$6.00, all entrees come with 2 sides and a small garden salad.

Drinks, Snacks, Sub Sandwiches, Bistro Boxes, Smoothies, Salad Bar, Fruit, Desserts and Specials are available for purchase every day as well. Prices for these items range from .50 to \$5.50.

*Grateful Plate reserves the right to change menu items occasionally due to purveyor availability.